

# **COUGAR CROSS COUNTRY**

## **2009 ATHLETE CONTRIBUTION: \$100 Per Athlete**

The Campolindo High School Cross Country Program asks that each athlete contribute **\$100** to the team Associated Student Body Account to help cover the costs of seasonal expenses, including meet entry fees, administrative supplies, web site fees, team awards, equipment purchases and facility maintenance and improvement.

This contribution is in addition to the AUHSD sport participation fee charged to all athletes. The AUHSD sport participation fees are collected by the district, and used to cover district expenses for all sports, including coaching stipends, bus transportation, and district administrative costs. AUHSD sport participation fees are NOT distributed to the teams!

Therefore, this athlete contribution to our team account is essential for us to continue to provide the best possible practice and competition environment for the athletes!

Any funds the athlete raises through the Summer Training Fund-Raiser may be used to cover this contribution. For instance, if the athlete has already raised \$50 from their fund-raising efforts, they only need to provide an additional \$50 to reach the athlete contribution goal. **Of course, we are thrilled to accept any funding beyond the \$100 contribution minimum! We greatly appreciate your consideration of a more generous contribution.**

If there is a financial hardship that prevents the athlete from providing this contribution, it should be brought to the attention of the coaches. A reduction or waiver of the fee is available to athletes with financial hardship.

**Please make check payable to: Campolindo High School**

Complete the form below, attach cash or check and/or Winter Training Fund-Raiser pledge form, and return no later than the end of the second week of the season.

\*Please write athlete's name on checks.

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<b>COUGAR CROSS COUNTRY Team Athlete Contribution</b>	
Athlete Name: _____	Gender: M / F
Name on Check: _____	Amount Attached: _____

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## **2009 MAJOR FUNDING OPPORTUNITIES**

The Campolindo High School Cross Country Program welcomes monetary donations for the following planned expenses for the 2009 spring season. These expenses are mainly for big ticket items or “one time” items. They are in addition to regular seasonal expenses such as meet entry fees and administrative costs.

If you would like to purchase, or contribute to the purchase of one or more of these items for the team, please contact Chuck Woolridge at [\*\*cougarcoach@comcast.net\*\*](mailto:cougarcoach@comcast.net)

- **4 x Team Recruiting Banners.** These are large 4' x 8' full color outdoor banners that will be used to promote the team during spring summer and fall recruiting efforts. We hope to hang the banners at the feeder middle schools during the spring, as well as around the CHS campus to bring greater awareness to our sport. **Total expense: \$1,600.00.**
- **HD Video Camera.** For creating instructional videos to be placed on DVD's and on the team web site for all events. For athlete practice evaluation. For recording competitions. For creating recruiting and seasonal feature films. **Total expense: \$900.00.**
- **4 x Heart Rate Monitors.** \$80.00 per unit. **Total expense: \$320.00.**
- **Seiko Stopwatch and System SP12 printer.** **Total expense: \$360.00.**
- Supplemental purchase of Brooks Micro Fiber Custom Screened Team Competition Uniforms: 30 Boys' sets, 20 Girls' sets (singlet/short). **Total expense: \$2,000.00.**
- Megaphone: \$90.00 Each. **Total expense: \$90.00.**
- 6 x Medicine Balls: \$42.00 -5k Ball, \$34.00 -4k Ball, \$27.00 -3k Ball. **Total expense: \$206.00.**
- 5 x Ultrak 495 Stop Watch: \$37.00 Each. **Total expense: \$296.00.**