



Acalanes Union High School District Athletic Clearance

You can complete this form on your own computer. To move from field to field, use the Tab key. You may then print the document and if desired, save the completed document to your own computer. Duplicate fields will be repopulated after your first entry.

Date: _____ Student's Name: _____
(Last) (First) (Middle)

School: _____ Grade: _____ Student ID#: _____
(Full Name of School)

Home Address: _____ Phone: _____

All sections of this form, must be completed and turned in to the Main Office BEFORE THE STUDENT CAN BE ISSUED EQUIPMENT, PARTICIPATE IN PRACTICE, OR COMPETE IN CONTESTS. Failure to do so can result in the loss of eligibility.

Sport _____ Other _____

1. PHYSICIAN'S STATEMENT

I hereby certify that the above named student was examined by me on _____ 20____ and found physically fit to engage in sports.

NOTE: THIS FORM IS ONLY VALID FOR THE PERIOD OF JULY 1, 20____ TO JUNE 30, 20____

(Physician's stamp must be placed here.)

(Signature of Physician)

Has the above had any injury or physical condition that should be watched? _____ Y or N **If Yes, attach a brief note.**

2. PARENT'S CONSENT

By signing this form below, I hereby give my consent for the above named (my son, daughter, or ward) to compete in sports and to go with a representative of the school on any trips. In case this pupil is injured you are authorized to have him/her treated. (Ed. Code 35350)

3. INSURANCE INFORMATION

California Law requires: (1) That every member of an athletic team must have accidental bodily injury insurance providing at least \$1500 of scheduled medical and hospital benefits; (2) And, at least \$1500 accidental death benefits. A voluntary plan covering the required medical and death benefits is available for purchase at the school.

By signing this form below, I hereby certify that we carry insurance protection that fulfills state requirements and do not wish to purchase additional protections.

Our insurance is carried with: _____ Policy #: _____
(Company name)

We have enrolled in the voluntary school plan. Football only: All other sports:

4. EMERGENCY INFORMATION

Parent/Guardian Name/Address: _____

Father/Guardian Work Phone: _____ Home Phone: _____ Cell Phone: _____

Mother/Guardian Work Phone _____ Home Phone: _____ Cell Phone: _____

OTHER PERSONS TO CONTACT IF PARENT CANNOT BE REACHED

Name: _____ Work Phone: _____ Home Phone: _____ Cell Phone: _____

Name: _____ Work Phone: _____ Home Phone: _____ Cell Phone: _____

Family Physician: _____ Phone _____

Last Tetanus immunization date: _____ Contact lens: _____ Y or N If yes: _____ **Hard or Soft**

Special medical problems: _____

In an emergency, when we cannot be reached and our family physician is not available, we give our permission to use the closest medical personnel available.

Parent Signature: _____

5. SIGNATURES

By signing below I certify that all the information on this form is accurate and complete and I consent to have the above named student participate in athletics.

Parent Signature: _____

RULES AND REGULATIONS FOR ATHLETES

A. Eligibility: If I am a new transfer student I must inform the Athletic Director and my coach (complete NCS forms).

As an athlete I am aware that being part of a team is a Privilege and I am expected to abide by the following rules and regulations.

1. Apply myself to my studies and maintain, to the best of my ability, satisfactory grades with a minimum GPA of 2.0 and remain on track for graduation as per district and NCS policy.
2. Maintain a satisfactory record of conduct, citizenship, and attendance in order to remain eligible.
3. Attend school all day the day of contests. (If more than a half-day is missed, the athlete is not permitted to play that day. Only the principal can make exceptions.) If the event is on Saturday the student must attend on Friday. Dress and Participate in P.E. if enrolled, to play or practice that day.

B. Citizenship and Sportsmanship

1. Athletes are expected to show the highest standards for sportsmanship during competition.
2. Athletes are expected to share in the responsibility for the conduct of their teammates and supporters of their team by refraining from displaying behavior that could incite fans and teammates.
3. An athlete must accept the decision of an official. Any questions regarding a call or calls are to be directed to the official by the coach or team captain.
4. An athlete must maintain his/her academic performance and put education first, in order to maintain his/her eligibility.
5. Athletes are expected to treat teammates with respect.
6. Athletes are expected to treat opponents with respect.
7. Athletes must acknowledge and abide by the rules and regulations of the student athlete agreement.
8. Athletes are only to use transportation to athletic contests in accordance with the Acalanes Union High School District policies and provisions of the California Education Code, as arranged by the coach and/or athlete director.
9. Athletes are personally responsible for all school equipment checked out to them. The student must pay for lost or willfully damaged equipment. The cost will be determined by the replacement price of said equipment.

C. Standards of Behavior and Sanctions for infractions

1. Athletes must accept seriously the responsibility and privilege of representing your school and community by displaying positive sportsmanship and public action at all times.
2. Athletes will complete their season of sport unless a mutual agreement between the coach and the athlete is reached permitting the athlete to participate in another sport. Freshman athletes will be encouraged to try out for another sport during the same season if they find they are not suited for their first choice.
3. **Athletes are prohibited from the sale, possession, or use of any form of tobacco, alcohol, or any Illegal drugs (steroids) or narcotics.** Infraction of these rules will result in the loss of privilege to participate in athletic activities for **45 school days (BP, AR 6145.b).** **Sale will result in a recommendation for expulsion from school as well.**

ATHLETES WILL BE SUSPENDED AND REMOVED FROM THE TEAM ACTIVITY FOR INFRACTIONS OF THE RULES AND EXPECTATIONS THAT OCCUR DURING ANY SCHOOL ACTIVITY AND MAY BE REMOVED FROM THE TEAM ACTIVITY FOR INFRACTIONS OUTSIDE OF SCHOOL.

I have read and understand the rules, regulations, and expectations for athletes and the Acalanes Union High School District Handbook for Parents, Coaches, and Athletes.

Required Signatures: Student: _____ Date: _____

Parent/Guardian: _____ Date: _____

Name of Parent or Guardian: _____