

Campolindo High School

COUGAR TRACK & FIELD

2020 Personal Records

Girls' 100m
National Record 10.98
School Record 12.05
Golden Foot 12.66
Varsity Letterman 13.50

FS Letterman 14.20
 Bell 19 12.86
 Tabibian 19 13.06
 Hatch 19 13.21
 K. Wilson 19 13.32
 S. Testa 20 13.51
 Kenderski 19 13.95
 Kasalanati 19 14.53
 Kaplan 19 14.76
 M. Testa 20 15.13
 Schnurr 20 15.91
 Lavoie 19 18.27

Boys' 100m
National Record 10.00
School Record 10.94
Gold Foot 11.22
Varsity Letterman 11.90
FS Letterman 12.30

Fara 20 11.76
 Kofman 19 12.11
 Wong 19 12.26
 Bhagwat 19 12.39
 Myers 20 12.46
 Garcia 19 12.66
 Visht 17 12.73
 J. Wang 19 13.22
 Coates 19 13.23
 Tang 19 13.52
 Chung 19 13.57
 Le 19 13.64
 Dolge 19 13.67
 Flynn 19 14.06
 Brinton 19 14.26
 Bullock 20 16.16

Girls' 200m
National Record 22.11
School Record 24.66
Gold Foot 25.62
Varsity Letterman 28.30
FS Letterman 29.90

Bell 18 27.42w
 Hatch 19 27.59
 S. Testa 20 28.21
 Kenderski 19 28.99
 Arnswald 20 29.61
 Kaplan 20 30.08
 Lavoie 20 35.44

Boys' 200m
National Record 20.09
School Record 21.97
Gold Foot 22.43
Varsity Letterman 24.10
FS Letterman 25.30

Fara 20 23.83
 Myers 20 26.06
 Visht 17 26.50
 Garcia 18 27.65
 J. Wang 19 27.69
 Driver 18 29.19
 Jay 20 29.77
 Tang 19 29.89
 Flynn 19 29.94
 Bullock 20 34.22

Girls' 400m
National Record 50.69
School Record 55.52
Gold Foot 58.60
Varsity Letterman 64.50
FS Letterman 67.50

Tabibian 19 58.23
 Hatch 19 61.37
 K. Wilson 19 62.13
 Bell 19 62.20
 Kenderski 19 63.69

A. Hober 17 67.84
 Kaplan 19 69.02
 Lavoie 19 80.46

Boys' 400m
National Record 44.69
School Record 48.74
Gold Foot 50.29
Varsity Letterman 54.00
FS Letterman 58.00

Martin 20 54.9*
 Hein 19 55.55
 Fara 19 55.69
 Nelson 20 56.99
 Clare 20 57.0*
 Garcia 18 57.27
 Visht 17 57.29
 Kofman 18 57.46
 Coates 19 57.53
 Morasch 19 57.67
 Cronin 19 59.67
 Driver 19 60.00
 Ahearn 20 60.64
 J. Wang 19 62.24
 Bhagwat 18 62.60
 Xu 20 62.85
 Flynn 20 63.69
 Le 19 65.07
 Chung 19 66.19
 Tang 19 68.71
 Dolge 19 75.45

Girls' 400m Split
Varsity Letterman 63.50
FS Letterman 66.50

Tabibian 19 57.5
 Hatch 19 60.4
 Bell 19 60.8
 A. Hober 19 61.6
 K. Wilson 19 62.1
 Hancock 19 65.8
 Kenderski 19 66.0
 S. Testa 20 66.6
 Kaplan 19 66.9
 Buckley 20 67.9
 Smith 20 68.0
 Arnswald 20 69.4
 E. Guthrie 18 69.6
 Q. Guthrie 20 69.6
 Harju 20 69.8
 Roberts 19 70.3
 Theulier 20 71.1
 Pierrat 18 71.5
 Baliwag 19 71.8
 M. Testa 20 72.4
 Yabu 20 72.5
 Loyet 20 72.7
 Rosiak 19 73.2
 Travis 17 73.4
 Flett 19 74.5
 Lieben 19 74.6
 Chung 19 75.0
 B. Hober 20 76.3
 Naughten 20 76.4
 Webster 18 77.5
 McCool 20 78.0
 Strohmeyer 18 83.2
 Matranga 18 84.0
 Lavoie 19 85.0

Boys' 400m Split
Varsity Letterman 53.00
FS Letterman 57.00

Fara 20 53.4
 Lekki 20 54.8
 Wong 19 55.6
 Lodewick 20 55.6
 Martin 20 55.7
 Hein 20 56.0
 Garcia 18 56.7
 Bhagwat 19 56.9
 D. Mitchley 20 57.3
 Kofman 18 57.5

Coates 19 57.7
 Clare 20 57.9
 Cronin 20 58.0
 Pierrat 19 58.3
 Chao 20 59.0
 Driver 20 59.5
 Means 20 60.1
 Nashan 20 60.3
 Smith 20 60.4
 Jay 20 60.7
 J. Wang 19 60.9
 Fordelon 20 61.3
 Pullen 20 61.9
 Lashkari 20 62.4
 K. Wang 20 62.8
 Chung 19 62.9
 Webster 20 63.3
 Le 19 63.4
 Boone 20 63.9
 Flynn 20 64.9
 Cho 20 65.2
 Pieper 19 65.4
 Januszewski 18 67.2
 Singh 20 67.8
 Lee 20 68.8
 Tang 20 70.6
 Jamgotchian 20 71.0
 Bullock 20 71.9
 Williams 20 72.5
 Barton 20 77.9

Girls' 400m Relay
National Record 44.50
School Record 48.49
Gold Foot 49.49
Varsity Letterman 51.60
FS Letterman 54.00

Kofman-Wong-Visht-Garcia 20 46.41
 Bonnin-Fara-Smith-Vuong-Nelson 20 47.94

Boys' 400m Relay
National Record 39.76
School Record 43.19
Gold Foot 43.24
Varsity Letterman 45.00
FS Letterman 47.00

Hatch-Bell-Tabibian-A. Hober 19 4:08.57
 Bell-Smith-Tabibian-Hancock 20 4:22.43
 Hatch-K. Wilson-Tabibian-Bell 19 4:27.94
 S. Testa-Smith-Q. Guthrie-Arnswald 20 4:38.43
 Kenderski-Kaplan-Theulier-Arnswald 20 4:40.90
 Buckley-Theulier-E. Guthrie-M. Testa 20 4:45.09
 Kaplan-Pierrat-Harju-Naughten 20 4:47.81
 Roberts-Yabu-Loyet-Rosiak 20 4:51.21
 Yabu-Loyet-Baliwag-Lieben 20 4:57.64
 Q. Guthrie-Flett-McCool-B. Hober 20 5:02.49

Girls' 1600m Relay
National Record 3:35.49
School Record 3:53.56
Gold Foot 4:04.25
Varsity Letterman 4:23.00
FS Letterman 4:33.00

Hatch-Bell-Tabibian-A. Hober 19 4:08.57
 Bell-Smith-Tabibian-Hancock 20 4:22.43
 Hatch-K. Wilson-Tabibian-Bell 19 4:27.94
 S. Testa-Smith-Q. Guthrie-Arnswald 20 4:38.43
 Kenderski-Kaplan-Theulier-Arnswald 20 4:40.90
 Buckley-Theulier-E. Guthrie-M. Testa 20 4:45.09
 Kaplan-Pierrat-Harju-Naughten 20 4:47.81
 Roberts-Yabu-Loyet-Rosiak 20 4:51.21
 Yabu-Loyet-Baliwag-Lieben 20 4:57.64
 Q. Guthrie-Flett-McCool-B. Hober 20 5:02.49

Boys' 1600 Relay
National Record 3:07.40
School Record 3:21.38
Gold Foot 3:25.70
Varsity Letterman 3:36.00
FS Letterman 3:48.00

Lekki-D. Mitchley-Lodewick-Cronin 20 3:45.95
 Fara-Lekki-Chao-Cronin 20 3:46.84
 Bhagwat-Lodewick-Hein-Mitchley 20 3:50.74
 Garcia-Martin-Pierrat-Coates 19 3:52.57
 Morasch-Cronin-Pierrat-Driver 18 4:05.84
 Pierrat-Fordelon-Flynn-Boone 20 4:11.75
 Means-Driver-Nashan-Williams 20 4:12.49
 Lashkari-Singh-Clare-Jamgotchian 20 4:19.35
 Martin-Tang-Chung-Le 20 4:20.78
 Fordelon-Boone-Bullock-J. Wang 20 4:26.16

Girls' 800m
National Record 1:59.51
School Record 2:12.12
Gold Foot 2:19.90
Varsity Letterman 2:32.00
FS Letterman 2:40.00

Hatch 19 2:19.42
 A. Hober 19 2:21.99
 Hancock 19 2:25.73
 Buckley 20 2:25.82
 Webster 19 2:29.60
 Smith 20 2:30.55
 Tabibian 19 2:31.97
 Theulier 20 2:33.21
 E. Guthrie 18 2:33.90
 Roberts 19 2:34.23
 Q. Guthrie 20 2:36.03
 Travis 19 2:36.69
 Woidat 20 2:37.80
 Chung 19 2:40.68
 Pierrat 20 2:41.41
 B. Hober 20 2:42.89
 Kaplan 19 2:44.68
 Rosiak 20 2:45.76
 Naughten 20 2:45.98
 Lieben 19 2:46.19
 Loyet 20 2:46.11
 Flett 19 2:46.90
 Baliwag 19 2:47.43
 Yabu 20 2:49.81
 Harju 19 2:49.92
 Darfler 18 2:55.57
 Strohmeyer 18 3:04.35
 Lavoie 19 3:23.91

Boys' 800m
National Record 1:46.45
School Record 1:54.24
Gold Foot 1:58.17
Varsity Letterman 2:07.40
FS Letterman 2:17.00

Hein 20 2:01.19
 Lekki 20 2:01.50
 Martin 20 2:03.54
 D. Mitchley 20 2:03.87
 Chao 20 2:04.9*
 Lodewick 20 2:05.44
 Cronin 20 2:06.27
 Gunn 18 2:08.14
 Pierrat 18 2:09.27
 Clare 20 2:09.9*
 Morasch 18 2:12.38
 Nashan 20 2:14.66
 Means 18 2:14.72
 Driver 19 2:14.9*
 Fara 19 2:15.25
 Lashkari 20 2:15.92
 Smith 19 2:16.99
 Garcia 19 2:18.19
 Pieper 18 2:21.89

Yabu 19 2:21.22
 Pullen 19 2:24.68
 Penney 18 2:25.17
 Kofman 18 2:25.27
 Visht 19 2:26.06
 Januszewski 19 2:28.94
 Bhagwat 19 2:29.27
 Boone 20 2:29.82
 K. Wang 19 2:31.00
 Brinton 19 2:32.93
 Cho 20 2:34.18
 Dolge 19 2:36.01
 Flynn 19 2:38.44
 Lee 20 2:39.21
 Barton 20 2:46.18
 Tang 19 3:02.77
 Moe 19 3:08.32
 Barton 20 3:18.9*

Girls' 800m Split
Varsity Letterman 2:31.00
FS Letterman 2:39.00

A. Hober 19 2:27.7
 Hancock 18 2:27.8
 E. Guthrie 18 2:29.9
 Smith 19 2:32.7
 Roberts 19 2:35.3
 Webster 18 2:39.5
 Chung 19 2:42.4
 Travis 18 2:44.7
 Pierrat 18 2:48.5
 Flett 19 2:49.8
 Rosiak 19 2:52.0
 Harju 19 2:52.0
 Woidat 19 2:54.0
 Naughten 18 2:54.5
 Lieben 19 2:55.3
 Loyet 19 3:02.7
 Strohmeyer 18 3:08.0

Boys' 800m Split
Varsity Letterman 2:06.40
FS Letterman 2:16.00

Gunn 18 2:03.1
 Hein 19 2:04.6
 Cronin 18 2:07.9
 Lekki 19 2:08.4
 Smith 19 2:11.3
 Morasch 19 2:11.5
 Fara 19 2:14.1
 Pullen 19 2:16.8
 Lashkari 19 2:21.9
 Means 19 2:22.1
 Yabu 19 2:24.8
 Driver 19 2:26.3
 Nashan 18 2:28.4
 Lashkari 18 2:28.7
 Pieper 19 2:30.8
 Clare 18 2:34.9

Girls' 1200m Split
 Buckley 20 3:53.9*
 Hancock 17 4:06.3
 E. Guthrie 20 4:22.9*
 Lieben 20 4:36.9*

Boys' 1200m Split
 Webster 20 4:03.9*

Girls' 1600m
National Record 4:33.29
School Record 4:43.96
Gold Foot 5:04.53
Varsity Letterman 5:32.00
FS Letterman 5:58.00

A. Hober 19 5:08.94
 Hancock 19 5:09.33
 Buckley 20 5:15.9*
 Smith 20 5:17.9*
 Webster 19 5:27.77
 E. Guthrie 18 5:30.86
 Travis 19 5:33.33
 Roberts 19 5:34.91

Woidat 19 5:36.71
Lieben 19 5:39.31
Chao 19 5:40.80
Flett 19 5:42.39
A. Wilson 20 5:42.56
Chung 19 5:43.05
Theulier 20 5:43.09
Q. Guthrie 20 5:44.88
Harju 19 5:49.39
Pierrat 18 5:52.87
McCool 20 5:56.34
Rosiak 19 5:59.53
Yabu 20 6:00.10
Naughten 19 6:01.71
Baliwag 19 6:13.61
Loyet 19 6:22.49
Strohmeyer 18 6:32.93

Boys' 1600m

National Record 3:59.51

School Record 4:10.35

Gold Foot 4:24.16

Varsity Letterman 4:41.00

FS Letterman 5:06.00

Hein 20 4:21.9*

Cronin 20 4:26.0*

Lekki 20 4:26.65

Lodewick 20 4:32.16

Gunn 18 4:35.67

Chao 19 4:39.91

Morasch 19 4:42.31

Pullen 20 4:42.91

Martin 20 4:44.7*

D. Mitchley 20 4:45.00

Lashkari 20 4:46.4*

Smith 19 4:49.62

Means 20 4:49.9*

Driver 20 4:53.3*

Pierrat 20 4:53.91

Pieper 19 4:55.66

Clare 20 4:57.9*

Yabu 19 4:58.29

Webster 20 5:03.89

Singh 20 5:16.60

Ruffin 20 5:16.89

Nashan 18 5:21.02

K. Wang 19 5:28.29

Boone 20 5:32.73

Lee 20 5:49.17

Speckman 20 5:52.05

Williams 20 6:14.11

Barton 20 6:25.9*

Girls' 1600m Split

Varsity Letterman 5:31.00

FS Letterman 5:57.00

A. Hober 18 5:16.2

Hancock 18 5:19.6

E. Guthrie 18 5:36.8

Smith 19 5:48.7

Travis 17 5:51.1

Roberts 19 5:54.4

Pierrat 18 5:57.8

Flett 19 6:00.0

Lieben 19 6:00.2

Chung 19 6:01.5

Naughten 18 6:17.1

Rosiak 19 6:19.0

Woidat 19 6:21.3

Harju 19 6:23.8

Strohmeyer 18 6:49.7

Baliwag 19 7:00.8

Boys' 1600m Split

Varsity Letterman 4:40.00

FS Letterman 5:05.00

Gunn 18 4:37.7

Hein 19 4:39.7

Cronin 19 4:42.8

Morasch 19 4:48.8

Lekki 19 4:57.0

Smith 19 4:59.3

Means 18 5:01.4

Chao 19 5:07.6

Lashkari 19 5:09.0

Pierrat 18 5:11.1

Pieper 19 5:16.4

Yabu 18 5:17.9

Pullen 19 5:20.7

Driver 19 5:22.5

Nashan 18 5:27.1

Clare 18 5:39.5

Girls' 3200m

National record 9:48.59

School Record 10:20.36

Gold Foot 11:03.32

Varsity Letterman 12:18.00

FS Letterman 13:05.00

Smith 20 11:15.9*

Hancock 19 11:23.04

A. Hober 18 11:43.23

E. Guthrie 18 11:55.94

Travis 19 12:04.99

Webster 18 12:08.21

Chung 19 12:31.88

Rosiak 19 12:39.69

Lieben 19 12:41.18

Woidat 19 12:44.66

McCool 20 12:47.26

Flett 19 12:48.61

Pierrat 19 12:51.51

Roberts 19 12:52.22

Naughten 20 12:56.68

Harju 19 12:59.01

B. Hober 20 13:03.02

Baliwag 19 13:25.52

Loyet 19 14:02.44

Strohmeyer 18 14:12.67

Boys' 3200m

National Record 8:34.23

School Record 8:54.24

Gold Foot 9:28.40

Varsity Letterman 10:15.00

FS Letterman 11:10.00

Hein 20 9:08.0*

Lodewick 20 9:36.9*

Gunn 18 9:41.56

Lekki 20 9:43.9*

Cronin 19 9:53.44

Chao 20 9:59.46

Pullen 20 10:01.08

Pieper 20 10:07.83

Lashkari 20 10:14.08

Means 20 10:20.9*

Morasch 19 10:22.19

Smith 19 10:27.46

Pierrat 20 10:42.30

Martin 20 10:45.9*

Webster 20 10:48.83

Yabu 20 10:49.80

Driver 20 10:50.68

Jordan 20 10:54.17

Nashan 20 10:55.72

Clare 19 11:36.98

Singh 20 11:37.18

K. Wang 19 11:43.22

Jamgotchian 20 12:05.34

Speckman 20 12:20.25

Williams 20 13:44.20

Girls' 100 Hurdles

National Record 12.84

School Record 15.24

Gold Foot 15.65

Varsity Letterman 17.90

FS Letterman 19.40

Tabibian 19 17.72

Arnswald 20 19.83

Kasalanati 19 20.79

Wilson 19 20.80

M. Testa 20 21.30

Kaplan 19 21.94

Travis 17 22.51

Boys' 110 Hurdles

National Record 13.08

School Record 14.84

Gold Foot 15.68

Varsity Letterman 17.50

FS Letterman 19.00

Wong 20 18.23

Bhagwat 19 18.85

Garcia 19 19.49

Chung 20 20.31

Le 19 21.17

Dolge 19 23.14

Coates 20 23.40

Brinton 19 23.85

Girls' 300 Hurdles

National Record 38.90

School Record 45.06

Gold Foot 46.50

Varsity Letterman 53.90

FS Letterman 56.50

Tabibian 19 46.32

K. Wilson 19 49.64

Arnswald 20 52.92

Kaplan 19 55.23

M. Testa 20 58.20

E. Guthrie 17 59.10

Schnurr 20 60.43

Kasalanati 19 60.52

Travis 17 60.66

Boys' 300 Hurdles

National Record 35.02

School Record 39.54

Gold Foot 40.65

Varsity Letterman 45.50

FS Letterman 48.00

Wong 20 42.91

Kofman 19 45.13

Garcia 19 45.78

Bhagwat 19 46.74

Le 19 49.77

Chung 20 50.37

Smith-Vuong 20 51.30

Dolge 19 52.36

Coates 20 52.79

Ahearn 20 53.20

J. Wang 20 54.38

Brinton 19 55.43

Xu 20 59.37

Girls' Long Jump

National Record 22-5

School Record 18-3

Gold Foot 16-11

Varsity Silver Letterman 14-6

FS Silver Letterman 13-0

Bell 19 15-8

Kasalanati 20 14-6

M. Testa 20 14-1.5

Kenderski 19 12-11

Schnurr 20 12-10-5

A. Hober 17 12-0

E. Guthrie 17 11-9

Kaplan 19 11-7.5

Boys' Long Jump

National Record 26-10

School Record 23-2

Gold Foot 20-11

Varsity Letterman 18-6

FS Letterman 16-6

Fara 19 16-5.25

Myers 20 16-1.5

Smith-Vuong 20 15-7.5

Bonnin 20 15-6.5

Garcia 18 15-6

J. Wang 19 15-3

Jay 20 15-0.5

Ahearn 20 15-0

Brinton 19 12-8.25

Bhagwat 17 12-4

Bullock 20 10-7

Flynn 18 9-9

Girls' Triple Jump

National Record 44-11.75

School Record 36-6

Gold Foot 35-10.5

Varsity Star 30-6

FS Star 27-6

Kasalanati 20 31-3

Wilson 20 30-10.5

M. Testa 20 29-10

Schnurr 20 27-1.5

Boys' Triple Jump

National Record 54-10.25

School Record 47-1

Gold Foot 43-0

Varsity Letterman 38-0

FS Letterman 36-0

Bonnin 20 37-4

Bhagwat 19 36-6.5

Fara 20 36-4.5

Penney 18 32-0

Jay 20 32-1.5

J. Wang 19 29-9.5

Brinton 19 29-9.25

Chung 19 30-6.75

Coates 19 26-5.75

Girls' High Jump

National Record 6-6.25

School Record 5-6

Gold Foot 5-1

Varsity Letterman 4-6

FS Letterman 4-2

Kasalanati 19 4-6

Smith 18 4-4

Bell 18 4-4

Tabibian 19 4-4

Arnswald 20 4-4

Schnurr 20 4-2

Matranga 17 4-0

Kaplan 19 3-8

Boys' High Jump

National Record 7-7

School Record 6-6.5

Gold Foot 6-1

Varsity Letterman 5-6

FS Letterman 5-2