

# Campolindo High School

# COUGAR CROSS COUNTRY

## 2018

## DAL League Results

### 9-26-18 DAL Center Meet

Hidden Valley Park, Martinez

#### Varsity Boys

Campolindo 20, Acalanes 37  
Campolindo 17 Alhambra 46  
Campolindo 15, Benicia 47  
Campolindo 15, Berean Christian 50  
Campolindo 15, Clayton Valley 41  
Campolindo 25, College Park 30  
Campolindo 15, Concord 49  
Campolindo 25, Las Lomas 30  
Campolindo 15, Miramonte 50  
Campolindo 15, Mt. Diablo Inc.  
Campolindo 15, Northgate 46  
Campolindo 15, Ygnacio Valley Inc.

#### Varsity Girls

Campolindo 19, Acalanes 44  
Campolindo 15, Alhambra Inc.  
Campolindo 15, Benicia Inc.  
Campolindo 15, Berean Christian Inc.  
Campolindo 24, Clayton Valley 32  
Campolindo 18, College Park 43  
Campolindo 20, Concord 42  
Campolindo 19, Las Lomas 40  
Campolindo 21, Miramonte 38  
Campolindo 15, Mt. Diablo Inc.  
Campolindo 15, Northgate 44  
Campolindo 15, Ygnacio Valley Inc.

#### Juniors Varsity Boys

Acalanes 28, Campolindo 29  
Campolindo 15, Alhambra 50  
Campolindo 15, Benicia 50  
Campolindo 15, Berean Christian 50  
Campolindo 23, Clayton Valley 33  
Campolindo 17, College Park 44  
Campolindo 15, Concord 50  
Campolindo 19, Las Lomas 37  
Campolindo 50, Miramonte 50  
Campolindo 15, Mt. Diablo Inc.  
Campolindo 15, Northgate 47  
Campolindo 15, Ygnacio Valley Inc.

#### Juniors Varsity Girls

Campolindo 18, Acalanes 38  
Campolindo 15, Alhambra Inc.  
Campolindo 15, Benicia Inc.  
Campolindo 15, Berean Christian Inc.  
Campolindo 26, Clayton Valley 30  
Campolindo 15, College Park 48  
Campolindo 15, Concord Inc.  
Campolindo 24, Las Lomas 31  
Campolindo 15, Miramonte 48  
Campolindo 15, Mt. Diablo Inc.  
Northgate 23, Campolindo 32  
Campolindo 15, Ygnacio Valley Inc.

#### Fresh Soph Boys

Campolindo 25, Acalanes 30  
Campolindo 15, Alhambra 40  
Campolindo 15, Benicia 46  
Campolindo 15, Berean Christian Inc.  
Campolindo 15, Clayton Valley 40  
Campolindo 17, College Park 38  
Campolindo 15, Concord 50  
Campolindo 15, Las Lomas 40  
Campolindo 15, Miramonte 40  
Campolindo 15, Mt. Diablo Inc.  
Campolindo 15, Northgate 40  
Campolindo 16, Ygnacio Valley 41

#### Fresh Soph Girls

Acalanes 27, Campolindo 30  
Campolindo 15, Alhambra Inc.  
Campolindo 19, Benicia 41  
Campolindo 15, Berean Christian Inc.  
Campolindo 18, Clayton Valley 43  
Campolindo 25, College Park 36  
Campolindo 15, Concord Inc.  
Las Lomas 23, Campolindo 32  
Campolindo 15, Miramonte 46  
Campolindo 15, Mt. Diablo Inc.  
Campolindo 18, Northgate 42  
Campolindo 20, Ygnacio Valley 40

### 10-24-18 DAL Center Meet

Newhall Park, Concord

#### Varsity Boys

Campolindo 18, Acalanes 39  
Campolindo 16, Alhambra 47  
Campolindo 15, Benicia 49  
Campolindo 15, Berean Christian Inc.  
Campolindo 16, Clayton Valley 41  
Campolindo 22, College Park 35  
Campolindo 15, Concord 50  
Campolindo 21, Las Lomas 35  
Campolindo 16, Miramonte 45  
Campolindo 15, Mt. Diablo Inc.  
Campolindo 17, Northgate 41  
Campolindo 15, Ygnacio Valley Inc.

#### Varsity Girls

Campolindo 23, Acalanes 34  
Campolindo 15, Alhambra Inc.  
Campolindo 15, Benicia Inc.  
Campolindo 15, Berean Christian Inc.  
Campolindo 20, Clayton Valley 37  
Campolindo 20, College Park 39  
Campolindo 15, Concord Inc.  
Campolindo 22, Las Lomas 33  
Campolindo 25, Miramonte 32  
Campolindo 15, Mt. Diablo Inc.  
Campolindo 21, Northgate 34  
Campolindo 15, Ygnacio Valley Inc.

#### Juniors Varsity Boys

Campolindo 15, Acalanes 50  
Campolindo 15, Alhambra 50  
Campolindo 15, Benicia 50  
Campolindo 15, Berean Christian 50  
Campolindo 15, Clayton Valley 49  
Campolindo 15, College Park 45  
Campolindo 15, Concord 50  
Campolindo 15, Las Lomas 49  
Campolindo 50, Miramonte 50  
Campolindo 15, Mt. Diablo Inc.  
Campolindo 15, Northgate 50  
Campolindo 15, Ygnacio Valley Inc.

#### Juniors Varsity Girls

Campolindo 18, Acalanes 41  
Campolindo 15, Alhambra Inc.  
Campolindo 15, Benicia 48  
Campolindo 15, Berean Christian Inc.  
Campolindo 18, Clayton Valley 37  
Campolindo 15, College Park 46  
Campolindo 18, Concord 45  
Campolindo 19, Las Lomas 38  
Campolindo 15, Miramonte 50  
Campolindo 15, Mt. Diablo Inc.  
Campolindo 25, Northgate 30  
Campolindo 15, Ygnacio Valley 48

#### Fresh Soph Boys

Campolindo 16, Acalanes 46  
Campolindo 15, Alhambra 50  
Campolindo 15, Benicia Inc.  
Campolindo 15, Berean Christian Inc.  
Campolindo 15, Clayton Valley 50  
Campolindo 16, College Park 46  
Campolindo 15, Concord 50  
Campolindo 15, Las Lomas 50  
Campolindo 15, Miramonte 50  
Campolindo 15, Mt. Diablo Inc.  
Campolindo 16, Northgate 46  
Campolindo 18, Ygnacio Valley 43

#### Fresh Soph Girls

Campolindo 18, Acalanes 43  
Campolindo 15, Alhambra Inc.  
Campolindo 15, Benicia 48  
Campolindo 15, Berean Christian Inc.  
Campolindo 18, Clayton Valley 41  
Campolindo 21, College Park 40  
Campolindo 15, Concord Inc.  
Campolindo 17, Las Lomas 42  
Campolindo 19, Miramonte 42  
Campolindo 15, Mt. Diablo Inc.  
Campolindo 15, Northgate 45  
Campolindo 20, Ygnacio Valley 39

### 11-3-18 DAL CHAMPS

Hidden Valley Park, Martinez

Varsity Boys 29 – 1st Place  
Varsity Girls 44 – 1st Place  
Junior Var Boys 23 – 1st Place  
Junior Var Girls 49 – 1st Place  
Frosh Soph Boys 26 – 1st Place  
Frosh Soph Girls 31 – 1st Place

### DAL FINAL STANDINGS

Varsity Boys: Champions!  
Varsity Girls: Champions!  
Junior Var Boys: Champions!  
Junior Var Girls: Champions!  
Frosh Soph Boys: Champions!  
Frosh Soph Girls: Champions!

### 11-20-18 NCS RESULTS

Varsity Boys: D3 1st Place, Champions!  
Varsity Girls: Race canceled – +150 AQL

### 11-24-18 CIF RESULTS

Varsity Boys: D3 2nd Place.  
Varsity Girls: D3 3rd Place.

### "ALL-LEAGUE" SELECTIONS

#### Varsity Boys:

**Edward Buckley, Cayden Hein, Dylan Gunn, Dylan Cronin, Cameron Iniguez-Reyes**

#### Varsity Girls:

**Paloma Hancock, Alicia Hober, Ellie Guthrie, Sophie Webster**

#### Juniors Var Boys:

**Charlie Woidat, Pablo Nguyen, Max Essl, Arik Nashan, Bradford Martin**

#### Juniors Var Girls:

**Chloe Guthrie, Kira D'Iorio**

#### Frosh Soph Boys:

**Owen Lekki, Sam Smith, Finn Jordan, Evan Yabu**

#### Frosh Soph Girls:

**Sarah Berten, Haelee Chung, Jessica Rosiak, Sophia Harju**